

## Notes

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Traction, handling,  
comfort and safety



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# Mounting instructions

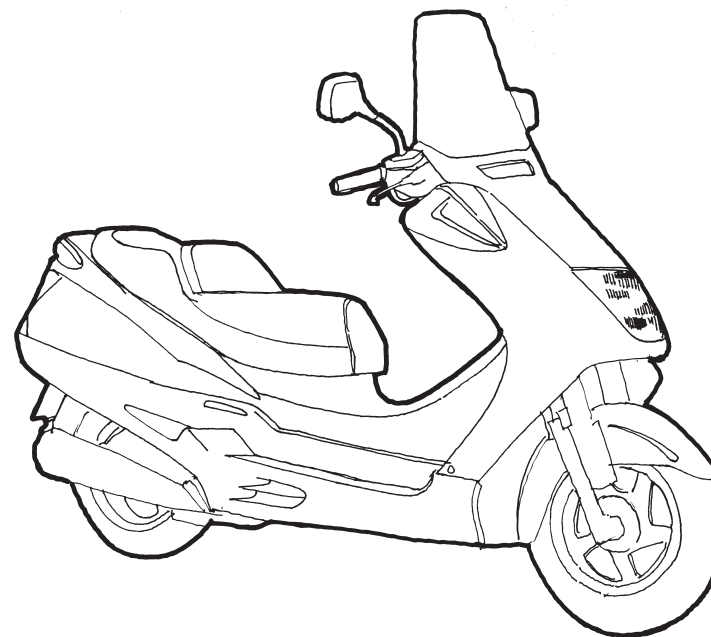
## HO 839 - HONDA Foresight FEZ 250

### Kit contents

Shock absorber Type 36E	HO 839	1
Sleeve 10/14/16.5 al	00123-11	1
Washer 10.1/24/3	03118-05	1
C-spanner twin	00710-01	2
Sticker Öhlin	00192-01	2
Owners manual		

### Set-up data

Length	400 mm
Stroke	125 mm
Preload spring	16 mm



HO 839, ISSUED 99 03 02



## Safety signals

Important information concerning safety is distinguished in this manual by the following notations



The Beware sign means:  
Pay attention!  
Your safety is at risk.

### ⚠ WARNING!

Failure to follow Warning text could result in **serious or fatal injury** to anyone working with, inspecting or using the suspension, or to bystanders.

### CAUTION!

Caution indicates special precautions that must be taken to avoid damage to the suspension.

### NOTE!

This indicates information that is of importance with regard to procedures

## Kit contents

Before installing the shock absorber kit, please check the contents, listed on the front page of this instruction. If anything is missing, contact your Öhlins dealer.

### NOTE!

During storage and transportation, especially at high ambient temperature, the oil and grease used for assembling may run out inside the packing and damage the expanded polystyrene packing material. This is not unusual and is in no way detrimental to the shock absorber.

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## Before you start

### ⚠ WARNING!

*Installing a shock absorber, that is not approved by the motorcycle manufacturer, may affect the stability of your motorcycle. Öhlins Racing AB can't be held responsible for any personal injury or damage whatsoever which may occur after fitting the shock absorber.*

Öhlins Racing AB can not be held responsible for any damage whatsoever to spare parts, or injury to persons, if the instructions for servicing and maintenance are not followed exactly. Similarly, the guarantees relating to performance and reliability will become null and void if the instructions are not adhered to.

### ⚠ WARNING!

*Please study the mounting instructions and the owner's and workshop manuals thoroughly before handling this shock absorber kit.*

### ⚠ WARNING!

*When installing the Öhlins shock absorber the motorcycle workshop manual must be at hand.*

### NOTE!

*Öhlins products are subject to continual improvement and development in design and quality. Consequently, although these instructions include the most up-to-date information available at the time of printing, there may be minor differences between your suspension and this manual. Please consult your Öhlins dealer if you have any questions concerning the manual.*

## Mounting instructions

### 1

Put the motorcycle on the central stand so that the rear wheel is clear of the ground. Make sure it is fixed so it will not fall over.

### 2

Open the seat.

### ⚠ WARNING!

1. It's advisable to have an Öhlins dealer or other qualified person to fit your shock absorber. 2. Instructions in the motorcycle workshop manual are to be followed when changing the shock absorber. 3. When working on the motorcycle it must be securely supported to prevent it from falling over.

### 5

Remove left lower side cover (grey colour).

### 6

Remove the left upper rear side cover (glossy painted).

### 7

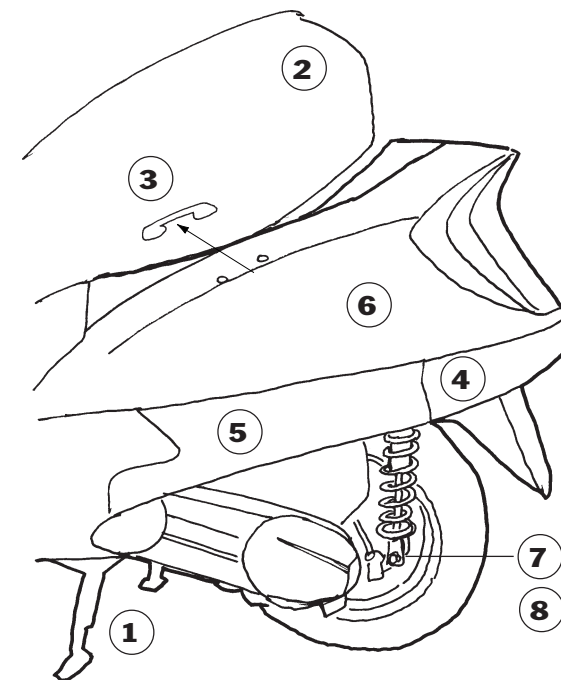
Remove the original shock absorber.

### 8

Fit the Öhlins shock absorber. The head shall be upwards and the gas filling nipple to the rear. Washer 3118-05 (t=3) and sleeve 123-11 shall be mounted to the upper attachment.

### 9

Reassemble the motorcycle cover.



### 3

Remove the passenger handle on the left side.

### 4

Remove the lower rear cover (grey colour).